

# Arizona State Cheerleading/Pom Tournament

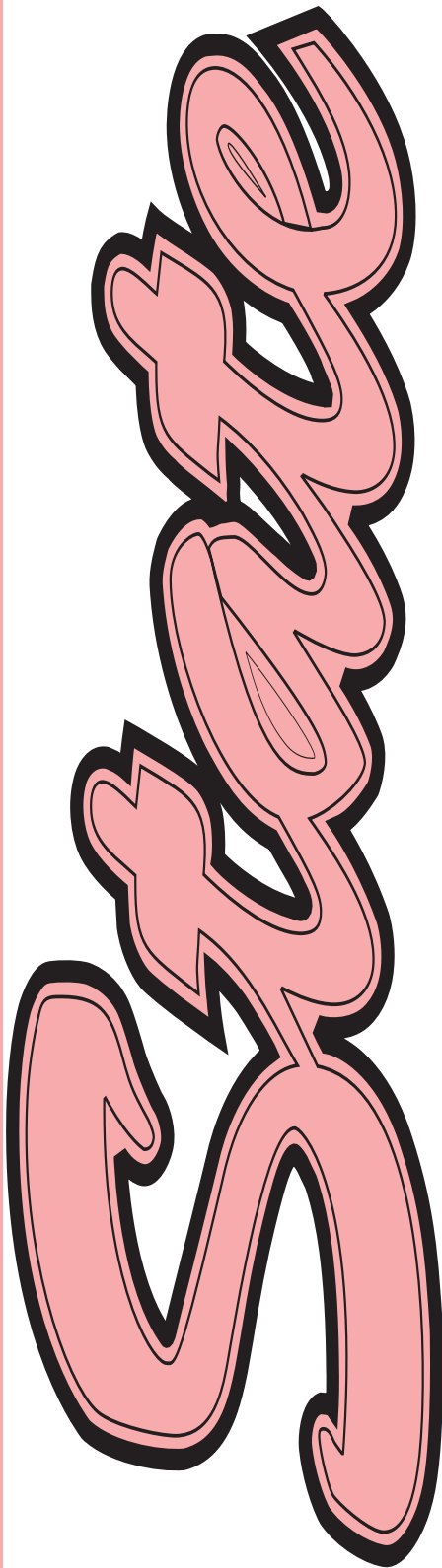
High School and Junior High  
Registration



Friday, March 2nd, 2012  
Saturday, March 3rd, 2012

*Arizona Veteran's Memorial Coliseum*  
19th Avenue & McDowell  
Phoenix, Arizona

**CELEBRATING 26 YEARS OF  
ARIZONA STATE CHAMPIONS!**



COMPLETE WITH THE BEST!



# 2012 Arizona State Cheerleading/Pom Tournament

## Friday, March 2 and Saturday March 3, 2012

- To Register:**
1. Fill out Registration form completely (additional forms are available at [www.statecheer.com](http://www.statecheer.com)) – keep a copy for your records!
  2. Checks made out to 'State Tournament', money orders or HARD COPY Purchase Orders (PO numbers will not be accepted) must be enclosed for registration to be processed.
  3. Mail or fax in registration form/hard copy PO's. Don't forget to include your team picture for the program (photo may be emailed in .jpg)!

	Requirements	Number of Participants	Cost \$25.00 by 11/30/11 \$30.00 by 1/27/12 \$40.00 by 2/17/12	Total:(to get total, take #of participants and multiply by cost for each division
<b>Junior High (JH)</b>				
JH Show Cheer		#	\$	\$
JH Performance Cheer	No Music	#	\$	\$
JH All Girl Stunt	All girls - Max 5	#	\$	\$
JH Pom		#	\$	\$
JH Coed	2+boys	#	\$	\$
<b>Freshman</b>				
Fresh Show Cheer		#	\$	\$
Fresh All Girl Stunt	All girls - Max 5	#	\$	\$
<b>High School Cheer</b>				
<b>Junior Varsity</b>				
JV Show Cheer		#	\$	\$
JV AGS	1-5A division	#	\$	\$
JV Pom	1-5A division	#	\$	\$
<b>Varsity</b>				
Varsity Show Cheer		#	\$	\$
Varsity Coed Cheer	Sm - 4 boys or less	#	\$	\$
	Lg - 5 or more boys	#	\$	\$
Varsity AGS	All girls - Max 5	#	\$	\$
Varsity Partner Stunt	Max 3	#	\$	\$
Mascot	Max 2	#	\$	\$
<b>High School Pom/Dance</b>				
Varsity Pom		#	\$	\$
Varsity Jazz	1-5A division	#	\$	\$
Varsity Hip Hop	1-5A division	#	\$	\$
<b>EXTRA Coaches</b>				
	Head coach FREE	#	\$11.00	\$
<b>Sure Play</b>				
			\$9.00	\$9.00
<b>Final Total: to get final total, add all amounts in total column.</b>				<b>Final Total \$</b>

**Please fill all information Clearly and Completely**

School/Team Name \_\_\_\_\_

Phone Number ( ) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Team Colors \_\_\_\_\_ Mascot \_\_\_\_\_

*Please circle your school/teams division:*

JH Freshman 1,2,3A 4A 5A

Head Coach Name: \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ St. \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_

Cell Phone ( ) \_\_\_\_\_

Email \_\_\_\_\_

Do you work on campus? Yes No

Head coach is free (one per school). Please list all other coaches and indicate number in final total (\$11.00 per extra coach). Coaches passes are required to be downstairs in the warm up area. Only FOUR coaches are allowed on the competition floor during the performance (including music).

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**Once registration/payment has been received, a confirmation letter will be sent within two weeks to the head coaches' home address. Please verify all information is correct – call/email immediately with any changes.** A final confirmation letter will be sent the week of February 20, 2012. No changes in numbers will be made after February 17<sup>th</sup> (5pm)! There must be three squads entered in a division for a division to compete. Head coaches will be notified by Feb 20<sup>th</sup> if a division does not make. Early registration must be postmarked and paid by 11/30/11. Regular Registration is 12/1/11 until 1/27/12. Late Registration is from 1/28/12 to 2/17/12. State reserves the right to close any division at any time due to space/time limits. Registrations will not be accepted after 2/17/12. All deposits are totally refundable until 1/13/12. No refunds will be issued after 1/14/12.

By signing this form, the head coach agrees to follow all National Federation rules during competition and all State guidelines written in the registration form, coaches' handbook and online at [www.statecheer.com](http://www.statecheer.com).

\_\_\_\_\_  
Head Coach Signature



# 2012 Arizona State Cheerleading/Pom Tournament General Guidelines for Junior High and High Schools

## General Competition Schedule

### Friday, March 2, 2012

#### Session 1 – 4:30pm – 7:30pm

**Divisions:** Junior High Show Cheer/Performance Cheer//Pom/ All Girl Stunt/Coed

**Registration:** 3:00pm – 3:45pm

**Coaches Meeting:** 3:50pm

**Warm-Ups Begin:** 4pm

**Competition Starts:** 4:30pm

**Awards:** 7:30pm

#### Session 2 – 2pm – 4pm & 8pm – 10pm

**Divisions:** Individuals

**Registration:** 12:30pm

**Teaching Begins:** 1pm

**Competition Starts:** 2pm

**Finals Announcements –** 4pm

**Finals Competition –** 8pm

**Awards –** 10:30pm

### Saturday, March 3, 2012

#### Session 3 - 8:00am-11:30am

**Divisions:** Freshman Cheer, All Girl Stunt/JV – 1,2,3A Show Cheer/JV 1-5A All Girl Stunt, JV1-5A Pom/ Varsity-1,2,3A Show Cheer/Pom/All Girl Stunt, Mascot

**Registration:** 6:45am-7:15am

**Coaches Meeting:** 7:20am

**Warm-Ups Begin:** 7:30am

**Competition Starts:** 8:00am

**Awards:** 11:30am

#### Session 4 - 12:00pm-5:00pm

**Divisions:** JV-4A Show Cheer, Varsity-4A Show Cheer/Pom/All Girl Stunt, 1-5A Varsity Coed Cheer, and 1-5A Varsity Partner Stunt

**Registration:** 10:15am-11:15am

**Coaches Meeting:** 11:20am

**Warm-Ups Begin:** 11:30am

**Competition Starts:** 12:00pm

**Awards:** 5:00pm

#### Session 5 – 5:30pm-10:30pm

**Divisions:** JV-5A Show Cheer, Varsity –5A Show Cheer/Pom/All Girl Stunt, 1-5A Varsity Jazz and 1-5A Varsity Hip Hop

**Registration:** 3:45pm – 4:45pm

**Coaches Meeting:** 4:50pm

**Warm-Ups Begin:** 5:00pm

**Competition Starts:** 5:30pm

**Awards:** 10:30pm

## Registration Information

Registrations will not be accepted after 2/17/12 (5pm).

All deposits are totally refundable until 1/13/12. No refunds will be made after 1/14/12.

**Payment in full must be made to have registration processed.** Payments accepted are hard copy Purchase Orders (not just PO numbers) and checks made out to State Tournament.

Early Registration (postmarked by 11/30/11) - \$25.00 per person/per entry

Registration (postmarked by 1/28/12) - \$30.00 per person/per entry

Late Registration (1/29/12 - 2/17/12) - \$40.00 per person/per entry

No Registrations will be accepted at the door!

State reserves the right to close any division at any time due to space/time limits.

## Competition Day Registration

All Registered Coaches and Competitors must enter through the Participant Entrance. One coach **MUST** register their squad during the registration time period for that squads performance and attend the coaches meeting for that Session (for example: if you register in 1,2,3A Varsity Show Cheer and Varsity Jazz – a coach must register that team during the Session 3 (6:45am-7:15am) and during the Session 5 (3:45 – 4:45pm) time and attend those Coaches Meetings.)

Coaches must be present at the door for teams to enter. You may only enter the Participation Entrance during registration times.

## Performance Area

The performance area is a divided gym floor. The cheer portion is a nine-panel foam floor. Dance/Pom is approximately a 60x60 basketball court surface. There are no out of bounds and no penalties assessed for going into another area. The cheer squads must do all stunts, pyramids and tumbling on the mats (no penalties for starting or ending a tumbling pass off the mats).

## Divisions:

**Show Cheer:** Total Routine Time Limit 2 ½ minutes  
Music: Min/Max 20 sec - 1 ½ minutes  
Routine: Perform a routine that includes 1 cheer/chant, 1 dance routine, and 1 pyramid in any combination.

**Performance Cheer:** Total Routine Time Limit 1 ½ minutes  
Routine: Perform a routine that incorporates both chants and cheers but *NO music*. Tumbling and stunting are permitted but not required.

**All Girl Stunt:** Total Routine Time Limit 1:00 minute

Routine: 4 or 5 girls perform a series of partner stunts of choice.

Background music is encouraged. Tumbling permitted.

**Partner Stunt:** Total Routine Time Limit 1:00 minute

Routine: 2 or 3 people - the 3<sup>rd</sup> person is considered a spotter only. Perform a series of partner stunts of your choice. Background music is encouraged. Tumbling permitted. Couples must be from same school. *The spotter must be from the same team, not a coach. The spotter may not help base or hold a stunt. The spotter may assist in cradles that require an additional catcher.*

## Dance:

**Pom** Total Routine Time Limit 2 ½ minutes

Routine: Perform a Pom routine that incorporates; 2 roll offs, 1 kick line, and 3 formation changes. Squads must use poms for half of the routine. School uniforms are required – no costuming. Tumbling, stunting and props other than poms are not permitted.

**Jazz** Total Routine Time Limit 2 ½ minutes

Routine: A routine that demonstrates mastery of jazz style movements. Difficulty should be emphasized in creativity and originality. Props are not permitted. Appropriate costuming is permitted.

**Hip Hop** Total Routine Time Limit 2 ½ minutes

Routine: Demonstrates mastery of movement performed to appropriate street style music. Difficulty should be emphasized in body control and rhythm. Props are not permitted. Appropriate costuming is permitted.

## Safety Regulations

2011-2012 National Federation of State High School Association Spirit Rules and AACCA will be followed. Be aware of the 2011-2012 rule changes! All teams are required to follow State guidelines as printed in the coaches' handbook and online.

## Penalties

A 10-point per team penalty (taken from final score) will be assessed for any Nation Federation violation as it pertains to stunts, pyramids and tumbling. A maximum of 30 points will be levied against any one squad. A 10-point penalty per team will be applied to any team going over the time allowed (2:30 + 7 seconds) for their routine or for a cheer squad having a dance routine under the required 20 seconds. A 10-point deduction will be assessed for any other routine requirement violations as detailed by the State Tournament. A 15-point penalty will be applied to any Pom squad not using their poms for 50% of the routine. A 1-point penalty per infraction will be assessed for each violation of jewelry, fingernails, hair devices or props. Other penalties are outlined in the Coaches Handbook and online.

## Changes for State 2012!

- ✓ All changes in numbers must be made to State 2012 by February 17, 2012 (5pm). No Changes will be made after the final confirmation letter is sent the week of February 20th– NO EXCEPTIONS!
- ✓ Only the Head Coach will receive a complimentary Coaches Pass. If you would like to purchase more coaches passes, please include their names and appropriate funds (\$11.00 per coach) with your registration. Remember – only FOUR coaches/non participants will be allowed on the performance floor!
- ✓ The Registration doors will only be open during the times listed under the Competition Schedule. Please make travel plans accordingly!
- ✓ All teams are required to use Sure Play. All CD's are different and using Sure Play is the only guaranteed way to make sure your music is perfect. State 2012 will not be able to redo routines this year based on music errors. Please visit the Sure Play tab at [www.statecheer.com](http://www.statecheer.com) for more information on this service.
- ✓ Individuals will be welcome to compete for the first time at State 2012! Please visit [www.statecheer.com](http://www.statecheer.com) for information and registrations.

## Hotel Accommodations

The beautiful Hilton Suites in Downtown Phoenix (at Central and Thomas) has again been selected as the official hotel for the 2012 State Tournament. Two room suites are available for \$139.00 per night (plus tax), which can accommodate 4 occupants – if you need more occupants, there is an additional charge of 5.00 per person, for up to 6 people per room. There are 80 rooms available to State Tournament participants. This rate includes a complimentary buffet breakfast, complimentary self parking and other luxuries. Please call (866) 866-8108 for reservations – **make sure you mention the Arizona State Cheer Tournament (group code AZC)**. After 1/31/12 the rooms will be released. This is a peak time for the hotel so be sure to make your reservations early! The Hilton Suites' website is [www.phoenixsuites.hilton.com](http://www.phoenixsuites.hilton.com)

## General Admission Tickets

Tickets may be purchased on the days of the tournament at the Arizona Veteran's Memorial Coliseum. Tickets are \$11.00 for adults and \$10.00 for students with school identification. Children under 5 are free.

## Parking

The Coliseum charges for parking. There is no parking fee for marked buses and official school vehicles. Please make travel arrangements including carpools if you do not have access to school vehicles/marked vans.

## Vendors

Vendors are located in the concourse area and outside the Spectator entrance. They are open during the entire competition so please take time to visit them. State programs will be available at the State store located next to the Spectator Entrance.

## Program

We encourage all coaches to send a picture of their squad to be included in the 2012 State Program. There is no cost to be included! Please send or email (in .jpg format) your picture by 1/31/12. Be sure to write your squads name on the back. Parents and booster clubs are encouraged to take out "Good Luck" notes in the State Program. Information on "Good Luck" notes can be found on our website. *State Programs will be on sale the days of the competition for ONLY \$2.00.*

## Videos

Parents are welcome to bring video tape recorders into the competition. Parents and coaches wishing to videotape their squads will have to video from their seats. The coliseum cannot provide electricity for parents, so be sure to bring plenty of batteries. State will be professionally video- taped. Please visit the videographers booth on the upper concourse to order your copy.

## Music

Sure Play will be providing the music/sound once again for this years' tournament. More information on this company is available in the Coaches Packets and online – we encourage you to see what they can provide for your squad/team/or school!

## Food and Drinks

The Coliseum is proud to present a full range of menu items for your visit during State 2012. No outside food or drink will be permitted.

**Please contact us with any questions at 480-513-0640 or visit us on the web at [www.statecheer.com](http://www.statecheer.com).**

**Good Luck and See You on March 2 and 3, 2012!**



Arizona State Cheerleading/Pom Tournament  
PO Box 54215  
Phoenix, AZ 85078  
[www.statecheer.com](http://www.statecheer.com)

Attention:

**STATE 2012 Information Enclosed**